

Caring For Your Denture

Thank you for choosing us for your dental needs. Your denture has been carefully designed and constructed to fit your mouth perfectly. Here are some instructions on use and tips to look after your denture so that you can get the most out of it.

1. Wear your denture during the day and remove when going to sleep. Your gums and mouth need a rest and break from the denture.
2. Clean your denture day and night with warm soapy water and a soft bristle toothbrush. Brush everywhere, along all the teeth, pink and metal areas. Also, remember to brush the inside surfaces of the denture, the surfaces that sit over your gums.
3. When you remove your denture to sleep, place it in a glass of water. Once a week, soak your denture in denture cleaning tablets or diluted Milton antibacterial solution. .
4. Clean your denture over the bathroom bench top. If dropped it can break and deform the denture.
5. It is very important to clean your own teeth well. Keep brushing, flossing, and using interdental brushes as directed by your dentist.
6. After each meal, remove your denture and rinse with water to remove all food debris. Also rinse your mouth with out the denture in place to remove any food debris before reinserting your denture.
7. Keep your denture away from any pets. Dogs love chewing on dentures.

Don't hesitate to contact one of our friendly staff at My Dentist at Cannon Hill on 39021023 should you have any further questions or concerns.